



SALAD

With witlof, rocket, Sardinian goat's cheef, Bresaola and apple

SALAD



Serves

4 people

Ingredients available at Mediterranean Foods

Ingredients

- 100g Sardinian goat's cheese
- 150g Thinly sliced Villani bresaola
- 2 Tablespoons of extra virgin olive oil
- 1 Tablespoons of balsamic vinegar
- 2 Belgian endive (witlof)
- 1 Bag of rocket salad
- 1 Apple sliced

1. Place the rocket in a large bowl. Wash and take the leaves apart of the witlof and mix them with the rocket.

2. Rip the bresaola slices by hand and place them on top of the salad. Add the shaved goat's cheese and the apple slices. In a small bowl make an emulsion by drizzling and whisking the oil into the balsamic vinegar.

3. Pour the dressing all over the salad and add some seasoning.

Buon Appetito!

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