

ROMAIN LETTUCE SALAD

with gorgonzola and grapes



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Serves 4

INGREDIENTS

- 150g gorgonzola dolce
- 100g prosciutto di Parma sliced
- 3 tablespoons of extra virgin olive oil
- 1 tablespoon of red wine vinegar •
- Salt and pepper to season

METHOD

1 bunch of Romain lettuce or baby cos
2 bunches of grapes

Available at Mediterranean Foods

- (black and white)
- 1 tablespoon of roughly chopped Italian parsley
- **1.** Chop the Romain lettuce in to large strips.
- 2. Cut the grapes in halves and discard the seeds.
- **3.** Cut the Gorgonzola in to small cubes.

4. Prepare the sauce by emulsifying the oil and the vinegar with salt and pepper and set aside.

5. In a non stick pan, gently fry the prosciutto slices until crispy. Dry with a paper towl to remove the excess fat released.

6. Place the lettuce in a large serving plate and top it with gorgonzola, grapes and prosciutto pieces.

7. Dress the salad with the dressing and serve with some croutons on the side.

Buon Appetito!