MEDITERRANEAN Est. FOODS 1990

BARBEQUE CHICKEN – ITALIAN STYLE

CHICKEN



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BARBEQUE CHICKEN

INGREDIENTS

cup lemon juice
¼-½ cup olive oil
¼ cup vinegar
tablespoon dried oregano

Available at Mediterranean foods

2 teaspoons garlic powder 1 whole chicken, cut into pieces Salt to taste Pepper to taste

METHOD

- To a large mixing bowl, add lemon juice, vegetable oil, vinegar, oregano, and garlic powder. Mix the contents well. Add the chicken pieces to the mixture and season with salt and pepper.
- 2. Toss the pieces in the marinade thoroughly to coat evenly and Cover and marinate in the refrigerator for at least 1 hour. (Overnight will give best results)
- 3. Preheat an outdoor grill on high heat/temperature. Grease the grill grates lightly. When the grill is prepared, carefully place the marinated chicken pieces on the grates. Brush the chicken periodically with the remaining marinade while cooking.
- 4.Cook the chicken until no longer pink and juices run clear and transfer the cooked pieces to a serving dish. Garnish with lemons and fresh oregano.

Buon Appetito.

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